## Stratton Playgroup Lunch Club

Welcome to Stratton Playgroup's Lunch Club. We hope that your child enjoys this extension to the sessions and benefits from the experience

of eating with their peers; as well as helping them to develop a range of social skills during lunchtimes. We have set out an introduction to our Lunch

lunchtimes. We have set out Club below:

 Please can you provide your child with a nutritionally balanced packed lunch in a CLEARLY NAMED "wipe-clean" lunchbox, which MUST HAVE a savoury main; and a fruit or vegetable choice; and no more than 5 items.

- We ask parents to cut grapes, tomatoes, blueberries, etc., in half lengthways.
- We supply milk or water at snack and lunch times.

• We have a **NO NUTS** policy.

- Children hand their lunchboxes in to staff at the start of the session. These will be stored safely in the kitchen fridge.
- For safety reasons, children will only be allowed to consume the contents of their own lunch box.
- All children and staff will follow basic food hygiene procedures: washing hands before eating lunch and staff will thoroughly clean eating surfaces prior to children sitting down to eat.

• Children are encouraged to look in the mirror after & wipe their faces.

• All areas used for storing food (including the fridge) will be cleaned weekly.

The session will cost £4.00.