Stratton Playgroup session timetable

8.15am - Doors open to welcome children to breakfast club where we offer a range of healthy breakfasts and fun activities.

9.00am - Doors open to welcome children into morning session. Children self-register and choose an activity.

9.20am - Using our traffic light and spot timer system, children visually see the end of free play in preparation to tidy up.

9.30am - Tidy up time and daily wake and shake activity. 5 minutes physical activity.

9.35am - Circle time/register time. Formal register, counting children, sign of the week, star helpers, Celebrate birthdays ect.

9.45am - Children are offered a range of small group planned activities and child-initiated play including free flow indoor and outdoor play.

10.00am- Child initiated free flow continues. Café style snack **Snack time starts –** Star helpershelp clean tables. Children wash their hands. Children select their name label and sit at the table to sing the please and thank you song. Children are encouraged to independently cut their own snack and pour their own drinks. When they have finished they post their name card in the box and take their empty cup/bowl to the trolley. Children are encouraged to look in the mirror and check their faces are clean.

10.45am - Snack time finishes. Child initiated free flow play continues.

11.40am – Spot timer used for the transition to tidy up, children and staff sing our tidy up song and are encouraged to help put all the toys away.

11.45am - Whole group activity such as singing, story, dancing, musical instruments or parachute games.

12.00am - Morning session ends, some children are collected. They are encouraged to check their trays, collect their bags and water bottles to take home. Some children come in and join us for lunch. **Lunch time.** Children wash their hands, collect their lunch boxes and find a space at the table. Children eat their savoury option first. Adults sit with the children to eat their lunch. Children put their lunch boxes away when finished.

12.30pm - Some children are collected to go home. They check their tray, collect their bags and

 Water bottles. Some children arrive for the afternoon session

12.45pm - Lunch time finishes for the slower eaters. Children tidy away their lunch boxes and go

 To the carpet area for free play.

1.10pm - Spot timer started to transition to prepare the children for tidy up time.

1.20pm - Tidy up and afternoon register.

1.30pm – Letters and sounds activity following the letters and sounds phase 1 programme.

1.40pm – Children are offered a range of small group planned activities and child-initiated play including free flow indoor and outdoor play.

2.15pm - Afternoon snack begins. Children are encouraged to come to the table when there is a

 space for them. Children are encouraged to independently cut their own snack and pour their own drinks.

2.40pm – Children take part in the healthy mover’s activity either inside or outside – See

 Healthy movers’ cards for more details.

2.15pm – Children collect their bags, coats, water bottles and check their trays.

3.15pm – Free play outside/story time/looking at books/ singing while parents arrive to collect the children.

3.30pm - Session ends